

2 Samuel 22:7-8 (NLT2)

But in my distress I cried out to the LORD; yes, I cried to my God for help. He heard me from his sanctuary; my cry reached his ears. "Then the earth quaked and trembled. The foundations of the heavens shook; they quaked because of his anger.

Are you going through a tough time right now? Maybe you have cried out to God, and like this Psalm that David wrote, you are waiting for some earth-shattering thing to happen to help you, but nothing?

So has God forgotten about you or has He not heard your cry for help? Well, king David didn't think so as he wrote:

† ***He heard me from his sanctuary; my cry reached his ears.***

God hears all our cries out for help, but He doesn't always bring an earthshattering answer to those cries for help.

† ***1 Kings 19:11-12 Then He said, "Go out, and stand on the mountain before the LORD." And behold, the LORD passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a still small voice.***

That is where faith comes in, knowing that God has heard your cry for help and is helping you right now, even if you can't see that help.

† ***Heb 4:16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.***

So even if you can't see what the Lord is doing right now, remember that the four word phrase in that statement "the Lord is doing". Therefore;

† ***Prov 3:5 Trust in the LORD with all your heart, And lean not on your own understanding.***

We all know this verse, but do you believe it? So many will say, "Yes I believe it" but they are still waiting for that earthshattering answer. Jesus had an answer for those who feel that way.

† ***Matthew 12:39-40 But He answered and said to them, "An evil and adulterous generation seeks after a sign, and no sign will be given to it except the sign of the prophet Jonah. For as Jonah was three days and three nights in the belly of***

the great fish, so will the Son of Man be three days and three nights in the heart of the earth

So, if God has sent His Son Jesus to die for us to take care of our eternity, what more of a earthshattering sign do you need? Don't you think that if the Lord cares enough about you to take care your eternity, that the Lord will not take care of your here and now as well?

Jesus also said:

† **Matthew 6:26 & 33-34** *Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.*

So, seek the Lord and “**do not worry about tomorrow**” Because the Lord has your tomorrow and your today covered.

If you believe that, then tell Him that you do, and if you are struggling with it, then tell the Lord that as well, and pray like that man did when he was worried about his son.

† **Mark 9:23-24** *Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!"*

and when you do, the Lord will help you with your unbelief as you cry out from your heart being honest with the Lord.

† **Mark 9:25** *When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, "Deaf and dumb spirit, I command you, come out of him and enter him no more!"*

† **Lamentations 3:56-57** *You have heard my voice: "Do not hide Your ear From my sighing, from my cry for help." You drew near on the day I called on You, And said, "Do not fear!"*

† **Psalm 40:1-2 (NLT2)** *I waited patiently for the LORD to help me, and he turned to me and heard my cry. He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along.*